EMPOWERING

WOMEN TO SHINE

**FOR IMMEDIATE RELEASE**

Fernwood Fitness **[Club Name]** 21 days free

*Get the head start – Start your membership with the first 3 weeks free!*

**[CITY, STATE – DATE]** — Fernwood Fitness **[Club Name]**is thrilled to announce its exciting June campaign, inviting new members to experience the first 21 days, on us.

There’s no reason to hold back, start your 12- or 18-month membership at Fernwood and get your first three weeks free. Fernwood is dedicated to igniting the spark of change within every woman, empowering them to embrace their strength and potential.

As a testament to our commitment to empowering women, throughout June, new members joining Fernwood **[Club Name]** will receive an additional 21 days added to their membership for FREE. That's 21 extra days to experience Fernwood's premium offerings:

* State-of-the-art strength training equipment
* Diverse range of group fitness classes including mat pilates, cycling, boxing, dance, and yoga
* Access to the Pulse App for personalised at-home workouts and nutrition guidance
* Daily complimentary breakfast
* Luxury changeroom facilities
* A supportive community of empowered women
* And much, much more.

“**[INSERT QUOTE FROM FRANCHISEE/CLUB MANAGER ABOUT BENEFITS OF OFFER]**,” **[Name]**, **[Job title]** of Fernwood **[Club Name]** shared.

When you step inside our Fernwood clubs you will see the wide range of services and amenities tailored to support women at every stage of their health and wellness journey. From group fitness classes, functional training, low impact classes to nutrition guidance, Fernwood provides everything women need to feel healthy and strong.

Get the head start and join your local Fernwood Fitness during June, for your free 21 days. Visit [fernwoodfitness.com.au](https://www.fernwoodfitness.com.au/) or stop by Fernwood **[Club Name]** to learn more and take the first step towards a healthier, happier you.

For media inquiries and further information, please contact: **[Contact name]**, **[Job title]** via **[Phone number]** or **[Email]**.

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[Fernwood Fitness](https://www.fernwoodfitness.com.au/why-fernwood/about) are the health, fitness and wellness clubs more than 82,000 women across Australia love. Every club is purpose-built with women in mind, so they feel empowered to shine in all aspects of their lives. From strength and weight training to high-intensity workouts, yoga, Pilates, meditation, nutrition coaching and more – Fernwood Fitness supports every woman to feel fitter, stronger and healthier in a supportive, diverse and welcoming environment.

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Fernwood [Club name]

**[STREET ADDRES]**

**[SUBURB, STATE POSTCODE]**

fernwoodfitness.com.au

